



St. Luke the Evangelist Council #12455 Raleigh

Witness for Life in the Womb

January was Right to/ Life month. Saving the unborn were the intentions for marches, masses, prayer services and activities.

In Raleigh, Saturday, January 14, Brothers and their families attended the Diocese Mass for Life at the Holy Name of Jesus Cathedral, celebrated by Bishop Zarama and concelebrating diocesan priests .

After mass there was a downtown Raleigh Rally and March for Life. Marchers walked a fixed route (about a mile) cele-

brating the recent Supreme Court Dodd Decision that decided that the U.S. Constitution did not provide the right to abort a child in the womb.

Area Knights and State Officers were prominent. The 4th Degree Honor Guard led this impressive witness to the sanctity of human life and the need to protect the unborn.

Council 12455 Brothers marched displaying St. Luke Council's new banner made by Brother Tom Phan.

Life Director Jerome Savage and family also attended the largest ever Washington DC March on Friday January 20.

Council's **Faith** program sponsored two January spiritual reflection events for Life:

- (1) Novena for Life for an end to abortion, euthanasia and other sinful threats to Life; and
- (2) Day long Adoration for the success of the DC March and particularly the safety of the marchers.

See other pictures on page 6.



Mark the Dates

Run For Life. Saturday, March 18, Wake Med Soccer Park, Cary.

Council Meetings. Wednesdays, April 5, May 3, and June 7, 7:30 PM. See the virtual link in GK's meeting announcement email. Reception before at 6:45 PM .

Charism Mass. Tuesday, April (TBA) at Holy Name of Jesus Cathedral.

Special Olympics, Ravenscroft School. Wednesday, April 26,

K of C Convention. Winston Salem, April 28-30.

Ignited for Truth. Raleigh, Reynolds Coliseum , NC State University, April 28-29, Brother Knight Ralph Poyo presenting, on Friday evening.

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Links

Council www.kofc12455.com
State www.kofcnc.org
Supreme www.kofc.org
Raleigh Diocese www.dioceseofraleigh.org/
Bishops www.usccb.org
Vatican www.vatican.va

Council # 12455 Charities

Here are Council 2022-23 charitable outlays:

- ◇ Birth Choice — \$21,000 +*
- ◇ Catholic Charity Outreach (CPO) — \$5,950 **
- ◇ Christian Life Home for Supreme's Aid and Support After Pregnancy Program (ASAP) — \$2,400
- ◇ Special Olympics (OP Lamb) — \$2,000
- ◇ Operation Lamb — \$1,900
- ◇ Seminarian Support — \$1,800
- ◇ Coats for Kids at CPO — \$1,700
- ◇ Habitat for Humanity — 1,000
- ◇ Center for Bioethical Reform — \$1,000
- ◇ Soccer, Essay Contests — \$700
- ◇ Youth Essay Contest — \$500
- ◇ Ukraine Solidarity Fund — \$500
- ◇ Sacramental Gifts — \$450
- ◇ Run for Life — \$300
- ◇ Divine Mercy Radio — \$200
- ◇ Soccer Contest — \$200
- ◇ Life Gala — \$100

* Due to generosity of our parish and a large anonymous donation, we gave \$21,000 to Birth Choice.

** At St. Luke's CPO also collected 1,236 lbs. of mixed food, 713 lbs. of rice, 302 cans of pasta sauce, 5,750 diapers and 185 packs of wipes.

Otherwise Council charitable outlays usually are funded via member dues and donations of Brother Knights and others. Important also are funds raised via Council 50/50 raffles, the State K of C Raffle (now underway), the sale of Christmas displays and cards, and the modest net proceeds that might come from pancake breakfasts, parish dinners, dances and activities..

Note that even more charitable generosity is reflected in the Knights' volunteer hours for parish and diocesan projects, ministries and activities.

Thank you Brothers!

Faith Program: Spiritual; Reflections Project

We are blessed to be in the presence of St. Luke's 24 stained glass windows when attending mass, a holy hour, or adoration. These beautiful artworks replicate the New Testament parables and stories unique to the Gospel of St. Luke the Evangelist.

Council's project asks Brothers to consider writing a brief reflection on a particular stained-glass window of personal interest or relevance. Eight Council

Knights have done so thus far. The reflections of Ken Low, Orfeo Cicchetti and Craig O'Brien were published in previous Council Newsletters.

On the following page Brother Tim Nichols ponders the story of Martha and Mary.

Our church transepts and nave windows present us with beautiful images, as Catholic churches traditionally also display. Of course, it takes some delib-

eration and concentration to apply the parable and persons displayed to our own prayerful needs and intentions.

Why not do a spiritual reflection on one or more of the window displays church? To read reflections done thus far see:

<https://stlukesraleigh.org/stained-glass-reflections>.

We look forward to your spiritual reflection on St. Luke's gospels.

Program Needs

What does God want me to do? How can I best serve our Holy Catholic Church?

Brothers are needed to serve in many parish ministries: Lectors, Eucharistic Ministers, Rosary Leaders before masses, Ushers, Choir members and Eucharistic Adorers, etc.

Council Brothers now coordinate various parish ministries: David Sofra, Alter Servers; Jim Probst, Eucharistic Ministers; Rick Beebe, Hospital/Health Care Eucharistic Ministers; Luke Masinick, Hospitality; Joe Jacobs, Live Streaming; Ken Low and Dennis Jacobs, CPO; Randy Giggard, Habitat for

Humanity; Dennis Moya, Legion of Mary.

Our Brother Knights could use help in their respective ministries. To learn more about these parish/faith ministries, see phone contact information in the weekly SL's parish bulletin.

Martha and Mary

Luke, Chapter 10 verses 38-44

As they continued their journey He entered a village where a woman whose name was Martha welcomed Him. She had a sister named Mary [who] sat beside the Lord at his feet listening to him speak. Martha, burdened with much serving, came to him and said, "Lord, do you not care that my sister has left me by myself to do the serving? Tell her to help me." The Lord said to her in reply, "Martha, Martha, you are anxious and worried about many things. There is need of only one thing. Mary has chosen the better part and it will not be taken from her."

Personal reflection of Tim Nichols --

I would believe that everyone sees them self as either Mary (one who will sit at the Master's feet) or Martha (one who helps with the work which needs to be done). I feel I am like Martha. Always doing something on the sidelines, instead of stopping and focusing on God. This reading makes me slow down and see both parts, as both have their benefits. There are times when I need to be like Martha, and work on that honey do list. But more importantly for me, I have to remember to be like Mary and just sit at the feet of Jesus.

Just sit, and reflect on Jesus. No distractions, no to-do lists, no phones. Just quiet time talking with God. We could sit and read the Bible and listen to what God says to us (using Lectio Divina for example). Or we could sit in the church during Eucharist Adoration. Jesus is always waiting for us, we just need to make the time to reach out to him.

We need to make the opportunity to do as Jesus tells Martha (and to all of us) to choose the "better part and it will not be taken from her".

God Bless, Tim



Pray for Brothers and Families

We pray for/about sufferings of those before us experiencing loss of spouse or loved one, rejection, health issues, job frustration, or loss, marriage problems, homelessness, etc. One way or another our prayers and discernments are answered. Pray for the healing of those suffering and for our sons and daughters in the military.

Recently we lost two former members of our Council: Don Scott and Arvin Brown. Pray for the souls of Don and Arvin and our deceased Brothers.

Also pray for the healing of our Brothers and their families: Erin Bower, Connie Esguerra, Lynne Loebach, Peter Kraehenbuehl, Matt Petrovick, Chris Phillips, Al Przytulski, John Puhak, Joe Rothengast Jr., Steve Sedlak (age 102), Bill and Jennette Schultz and Schultz family, Jack Sobczak, Marilyn Struckmeyer, and Bill Wolf.

If other Brothers and families wish to be on this prayer list, please tell GK Chris Taurence.

May the Archangel Raphael, physician in care of our health, come down from heaven to cure all who are sick and to solve the difficult problems of life Be with us, O Archangel, called the Medicine of God, drive away diseases of the body and bring good health to our minds.

From the proper hymns in the Divine Office. Feast of St. Raphael

Council Christmas Party -- Chris Taurence, GK

We had a wonderful time at the 2023 Council Christmas Party on Saturday December 10 in the church hall!

Knights and families enjoyed festive fellowship and delicious entrees, salads, breads, desserts and drinks contributed by those attending. It was a successful evening Christmas Celebration.

Thanks to Msgr. Jeffrey Ingham for

making St. Luke's hall available for our party. Appreciation to Brother Keith Kosinski, District Director, for serving beverages and to Brothers Dave Abell and Jim Haag, and Brother Randy's wife Ellen Giggard, for leading us in Christmas Carols.

It was a great time to exchange Christmas greetings, fellowship and for deepening friendships. It was wonderful to get to know several newer

Knights and their families.

All those attending made the evening such a wonderful success. Not to forget to give particular appreciation to those or setting up the hall and for helping the clean up.

I'm already looking forward to next year's celebration.

Knight Riders

The Riders transport Mr. Steve Frank, living in the Bedford near Falls of the Neuse/Durant area to and from 11 AM Sunday masses. Say Hi! to Frank if you do see him after church.

Thanks to our Brother Knight Riders: Mike Benigno, Orfeo Cicchetti, John Kupec, Tom Lindsey, Ron Phillips, and Don Reece. They alternate driving — usually once a month. The only qualifications for this ministry is to have a drivers license and a caring heart.

Undoubtedly there are other Catholic men and women unable to drive for one reason or another. Perhaps you

may know someone in that unfortunate situation. Please let GK Chris know if you are aware of a person needing transportation help. This is a great way to build the Faith, here and now!

You may be able to provide the transportation yourself or just refer it to the Knight Riders. Brother Tom Lindsey, who has coordinated this ministry for several years, is transferring to St. Catherine's Knight Council, so we need another Brother to step up and facilitate the conveyance to and from masses for those in need of transportation. **Maybe You!**



Peter's Chair Goes to a Needy Brother — Jim Haag

Sir Knight Peter Kraehenbuehl, former Financial Secretary of Council 12455, is incapacitated by MS -- unable to walk and restricted to a power chair. Peter was in a Carrboro assisted living facility and Council Brothers/parishioners visited him there and now, at nearby Universal Healthcare.

At the Carrboro facility, his 16-year-old power chair was replaced by a new one. The old chair was stored and, when Peter moved, the facility asked that it be reclaimed. Peter could not take it with him and store it, so he offered it to our Council with intent that it be given to a person needing this powerful personal vehicle.

Thanks to Brother Tom Lindsey's special van, and Brother Dave Abell's renovation, we attempted to find an incapacitated individual person who could make good use of this conveyance.

Veteran hospital and veteran organizations, nursing home facilities, charitable entities did not want it. We advertised in subdivisions and parish bulletins. Seeing it in our parish bulletin, however, Loretta and Bill Schult, at a Raleigh assisted living facility, requested and accepted the chair. Bill, a Knight, used it for a few weeks before passing into eternal life. Subsequently neither their senior facility nor anyone there needed the power chair. So, again, with Brother Tom's help, we reclaimed it and stored it at Brother Dave's house.

In January 2023, GK Chris Taurence and District Director Keith Kosinski contacted district councils with the pictures and a notice of the power chair's availability. The quick result: Sir

Knight Michael Gautier, St. Catherine's Council member, asked us for the chair to use by his son, Brother Knight Matthew Gautier. Matt is unable to walk and is confined to a wheelchair. The powerchair now eases his living situation. (see picture).

Thanks again to Tom and Dave for making this chair utilization feasible, and Peter is delighted that his old chair is needed and utilized – and helping a Brother Knight.

The Gautier family greatly appreciates this blessing. Matt thanks the Council for donating the chair to him. The Lord's direction is apparent to us involved in this experience.



Family Program — Tim Nichols

Our January Parish CPO Food Drive (page 2) raised \$5,950 and 1,236 pounds of mixed food, 713 lbs. of rice, 302 cans of pasta sauce, 5,750 diapers and 185 packs of wipes (P.2)— donated to needy families. Thanks to Brothers Ken Low and Dennis Jacobs for leading this charitable effort.

We hosted the Parish Pancake Breakfast on Sunday, February 26. It was well attended and thanks to our Brothers who cooked

and served the delicious breakfasts (See pictures p. 6).

Again this year Brothers will volunteer to help process and distribute sacred oils for diocesan parishes and priests. The Diocesan Charism Mass takes place on the week preceding Easter Sunday. Contact Brother Chris Mitta to volunteer and participate at this special service opportunity.

Highway Pick up

Signs on 6 Forks north of I-540, on the way to and from St. Luke's, evidence Council 12455's Adopt a Highway Program. Brothers and parishioners volunteer to collect roadside trash, signs and other assorted discarded materials, putting them in orange bags, subsequently to be picked up by the state highway department. This highway beautification effort takes about two hours and the collection is every three months.

The pictures on page 6 are from Saturday March 4 .

Kudos to Brother Dave Abell for planning, coordinating and promoting this environmental friendly and esthetic effort for our community. He started and has organized this Council program for over two decades. This community service project is a great way to promote Knighthood and build fellowship among our Brothers.

Knights in Action

Raleigh March for Life. January 14



Pancake Breakfast, February 26



Doing the Work of the Council



Adopt 6 Forks, March 4



Community Program – John Puhak

Catholic Citizenship Essay Contest:

Thanks to Brother Jim Rispoli for running this year's competition. The essays were 500– 750 words, explaining how young Catholics can evangelize our faith to families and friends who have turned away from religion and encourage them to return to the Church and embrace the sacraments.

Congratulations to winners: Danielle Najim, Antonious Esho, Phyl Gaukel, Lucy Flood, and Will Buzitsky. And thanks too Brothers Beebe, Beasley for helping me in judging the essays submitted.

Habitat For Humanity: The dedicat-

ed build date for St. Luke's will be in March or April. Thanks to Brother Randy Giggard for coordinating this parish program. Brothers will be needed to volunteer at the site.

Blood Drive: Brothers Chris Mitta and Ben Buzitsky are planning our second blood drive.

State Raffle Tickets: The Council's allotted 600 tickets are distributed to Brothers and , 313 sold (As of Feb. 23). Tickets also were sold at the February 26 Pancake Breakfast. Brothers must return their sold ticket stubs and payments to St. Luke's by March 28.

Last year we raised over \$1,400 Council 12455 charitable activities. Did you know that our Council had a first place winner three years ago, and a second place winner (\$4,000) four years ago, and a second place winner last year?

If you haven't received your 5 ticket allotment contact Brother John Puhak who is heading this important fundraising effort via email at jnp48@icloud.com or text/call him at 509-551-3435.

The State K of C drawing is April 29, 2023

St. Shabel Essayists: Antonious Esho, Andrea Iskandar and Danielle Najim



Ainsley Moyer, Addison Moyer, and Will Buzitsky.



Life Program – Jerome Savage

March for Life events in Raleigh and DC are explained on **Newsletter** pages 1 and 6. Also detailed are Council's charitable contributions on page 2: Birth Choice, Run for Life and Supreme's Aid and Support After Pregnancy (ASAP) Program.

Life issues are now being deliberated in the NC General Assembly. Legislative action with respect to the proposed Heartbeat Act is of critical importance. We need to be aware and involved in

presenting our pro life views to our elected NC representatives and Senators. **How to do this on line is provided by NC Values (<https://ncvalues.org/heartbeat/#join>).**

Important pro life events are coming up in the next few months:

USCCB – Novena for Life is available online as a resource.

40 Days for Life (Feb 22 – Apr 2).

29th Annual Run for Life (3/18/2023) signup is now available.

April, Mass for Special Needs

May, Baby Shower for Mother's Day

May, Silver Rose at St Luke

June, Religious Freedom week; no life without Liberty,

July, National Bridge Day – banner at I-540

Knights and Families of Month

January KOM -- Randy Giggard



Joining the Knights in November, Randy jumped right in to our community activities. He is our new Council Habitat for Humanity coordinator. Over the years he served the parish as a catechist, on the parish stewardship committee, as a parish councilman and as Eucharistic Minister.

February KOM -- Tim Fitzhugh



Tim joined our order last year. I first met him when he drove onto the field the morning of the picnic and delivered root beer. Shortly thereafter, he became a Knight. We want to recognize his work at CPO in a number of different roles – including greeting and coordinating of clients through the facility. He also helped with the teardown of the Creche. Welcome Tim and Congratulations!

February FOM -- Bill and Michelle Wolf

The Wolf family has served in many ministries in their years at St Luke's. They have been Eucharistic Ministers (both), on the parish council (3years), responsible for altar linens (12 years); led That Man is You (5 years); on the Confirmation Team; and assisted with weddings — to name just a few church involvements. Their kids have been lectors and in the kids choir. Bill has been a Knight almost 20 years and a Sir Knight since 2005. Congratulations to Bill and Michelle Wolf for your participation in our parish programs.

Pray for Bill who is in the hospital awaiting heart and kidney transplants. During this difficult time, remember to pray also for Michelle and daughters Breanna and Miranda.

PICTURE NOT AVAILABLE

January FOM -- Dave, Tayna & Blaze Lebold



Dave and Tanya are active in St. Luke's. Both lector and son Blaze is an alter server. They volunteer in various other ways and often assist set up for mass. Dave also is a longtime Journeyman..

December KOM -- Nick Aremia



Nick is the son of Brother Matt and Cyndy Aremia. Nick grew up at St. Luke's and went through the parish catechism and youth programs. He started helping with the youth in 2019 and now is an adult permanent team member of the parish youth program. Nick is quick to jump in help out at Council activities and where needed at the church. Nick: Thanks for your witness and service to the Council and parish.



From the Grand Knight

Brothers, Lent is upon us: a time for preparation; a time for sacrifice; and a time for reflection. Soon we will experience the joy of the Resurrection, where Jesus' light to world was fully unveiled. We too are called to be a Light to the World. Let us use this time wisely to reflect upon how Jesus is calling each of us to share that light with the world.

This newsletter gives multiple examples of where our Brothers answered a call. We as a Council have done incredible things this year - providing countless hours of service and over \$40,000 to various charities. However, our work is not done. We are still in need of leadership for several positions as well as several activities where our Brothers are moving on to other roles. Please consider taking a leadership role or leading a specific activity. Contact me to discuss the options that are available. Consider defining your own leadership position and enlisting the aid of the Knights. Even is action is not your strong suit, consider writing a reflection about one of the stained glass windows to share your faith and experience with the parish.

Some of the upcoming activities that we will need support for include: Special Olympics volunteering, the Run for Life, a blood drive, the parish picnic, the quarterly highway clean-up, 40 days for life, soup suppers, etc.

My hope for you and your families is to strengthen your faith as you prepare for Easter. I wish you a joyful Easter season and hope that each of you gets to spend some quality time with the Lord and with your families and that you experience the peace and joy of the Lord.

Vivat Jesus, Chris

March KOM Dennis Jacobs

Dennis is relatively new to our Council but has been invaluable to the CPO organization, volunteering 2 – 3 times per week. He can drive a forklift, is willing to sort frozen meat, and will do whatever it takes. He is a Eucharistic Minister at St Luke's and together with Brother Ken Low is visible for the CPO collection drives. He recently helped with the logistics of the motorcycle donation and is working with Wake County libraries to teach adults to read.

Congratulations Brother Dennis

PICTURE NOT AVAILABLE

March FOM-- Walt and Randi Ostack



Walt and Randi Ostack have been staples of our church since 2005. Randi serves as a mass coordinator, Eucharistic minister, altar preparer, weekday lector and sings in the choir. Walt is a devoted choir member, helps with mass streaming and prays weekly outside the abortion clinics. Thank you for your service to parish and Pro Life. Congratulations Walt and Randi
